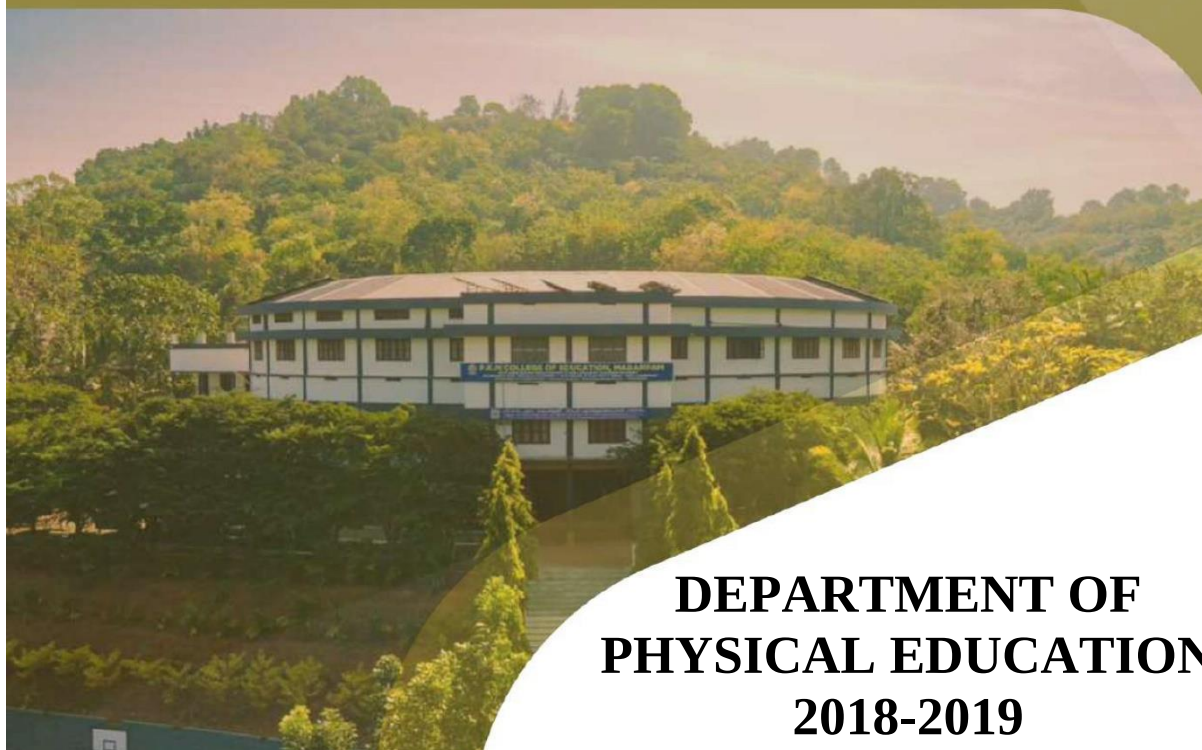




P.K.M COLLEGE OF EDUCATION

MADAMPAM, KAITHAPRAM P.O., KANNUR – 670631
(Govt. Aided Teacher Education Institution affiliated to Kannur University)
Recognized by NCTE and included under UGC 2(f) & 12B category
Accredited by NAAC with 'A' Grade, (Second cycle -4 point scale), RUSA 2.0 beneficiary

PROGRAMME OF ACTION



**DEPARTMENT OF
PHYSICAL EDUCATION
2018-2019**



PKM COLLEGE OF EDUCATION, MADAMPAM

Accredited by NAAC with A grade (second cycle 4point scale)

RUSA 2.0 beneficiary UGC 2(f) 12B category

CONSOLIDATED REPORT

JUNE 2018 – JUNE 2019

KANNUR UNIVERSITY INTER B.Ed. COLLEGE

BADMINTON CHAMPIONSHIP, 2018-19

The Kannur University Inter B.Ed College badminton Championship for the year 2018-2019 organized by Government Brennen College of Teacher Education, Thalassery was conducted on 16 January 2019 at Kannur University Indoor Stadium, Mangattuparambu. There were participants from different colleges functioning under Kannur University. Competitions took place in full swing in both men and women categories. The registration began at 9:00 am at the entrance of the Indoor Stadium. Players from different colleges registered for the tournament in both men and women categories. The inaugural session began at 9:45 am in the Indoor Stadium. The session began with a prayer. The gathering was welcomed by the General Captain of Government Brennen College of Teacher Education, Thalassery. The Championship was inaugurated by Dr. Anil Ramachandran, Assistant Professor, School of Physical Education and Sports Sciences, Kannur University, Mangattuparambu. Mr. Abdul Rahman, Associate Professor, Keyi Sahib Training College, Taliparamba felicitated the function. The inaugural session came to an end with the vote of thanks proposed by the College Union Chairman, Government Brennen College of Teacher Education. The team managers of the registered teams gathered together to decide the fixture. The matches began by around 10:30 am. The competitions were conducted in four courts. The matches took place between different colleges in both men and women categories. The student teachers of P.K.M. College of Education, Madampam led by Dr. Fr. Sinoj Joseph, Assistant Professor of Physical Education Department participated in the Championship. Fr. Reji. P. John, Fr. Jinu. A. M, and Nidhin Jose took part in the competitions in men's category. Ms. Madhurima. E. P, Ms. Ranjumol. C. T, Ms. Minumol Thomas and Ms. Saritha. C. Narayanan took part in the competitions in women's category. The team members competed in the Doubles Championship and Singles Championship. The women's team of P.K.M. College of Education secured the third position in the Doubles Championship. Fr. Reji. P. George secured the third position in the Single men's Championship.



REPORT
ON
KANNUR UNIVERSITY INTER B.ED CHESS
CHAMPIONSHIP 2018-2019

HELD AT KEYI SAHIB TRAINING COLLEGE

ON 8th FEBRUARY 2019

PKM chess team members:

- (1)Shebin K Raju (2nd year, Mathematics)
- (2)Nidhin Jose (1st year, Physical science)
- (3)Anumol Mathew(1st year, Mathematics)
- (4)Nimitha Jose(1st year, Mathematics)
- (5)Anjusha M (1st year, Physical science)

Kannur university inter B.Ed chess championship for the year 2018-2019 was held at Keyi Sahib Training College (Thaliparamba) on 8th February 2019. The nature of the event was combined (boys or girls or both). Six colleges namely PKM college of education (madampam), Keyi Sahib training college(Thaliparamba), KUTEC(kasargod), KUTEC(mangatuparamba), SUM college of teachers education(kannur) and Salafi BEd college(Kannur) participated in the tournament sending a total of 35 member. All team members were asked to play four matches.

The opening ceremony started at 10 PM and was inaugurated by Dr Mahesh K V. The tournament was a much anticipated championship as it was organized with a view to develop a composite chess culture between student teachers.

We, the PKM team members

(1)Shebin K Raju (2nd year, Mathematics)

(2)Nidhin Jose (1st year, Physical science)

(3)Anumol Mathew(1st year, Mathematics)

(4)Nimitha Jose(1st year, Mathematics)

(5)Anjusha M (1st year, Physical science) were accompanied by Dr.Sinoj Joseph, assistant professor in physical Education.



Three matches were conducted before lunch break. The 1st match was against Keyi Sahib training college and we scored 1-3. The second match was played against KUTEC(kasargod). The match was a draw with a score 2-2. The third match was against SUM college and won by the score 4-0. The fourth match was with Salafi BEd college, by gaining a score of 3-1. At the end of all the matches a tie breaking competition was held between Shebin K Raju of our team and midhun of KUTEC (mangatuparamba) since, both the teams were in the second position with a score of 26. Team keyi sahib became the champions. University teacher education centre, dharmashala is the runner up and Our PKM team bagged third place in the inter B.Ed chess championship for the year 2018-2019.



The concluding ceremony was being held around 4PM. One of our team member, Anumol Mathew was awarded as the Board winner. The tournament ended at 5PM with the prize distribution by Jb.PCP Mahamood Haji, manager of keyi sahib training college.

INTERNATIONAL DAY OF YOGA - REPORT

International Day of Yoga, or commonly and unofficially referred to as **Yoga Day**, is celebrated annually on 21 June since its inception in 2015. An international

day for yoga was declared unanimously by the United Nations General Assembly (UNGA). Yoga is a physical, mental and spiritual practice originated in Bharat or India . The Indian Prime Minister Narendra Modi in his UN address suggested the date of 21 June, as it is the longest day of the year in the Northern Hemisphere and shares special significance in many parts of the world.

As part of this day P K M college of education celebrated yoga day on June 21st, 2018 marking the importance of yoga in daily life.

INAUGURAL SESSION



The inaugural session was started at 2.45 pm. The warm welcome speech was delivered by Dr Sholy Joseph (Principal in charge). The precedential address was delivered by Fr Sinoj Karuplackil, coordinator of health and fitness club of P K M college of education. The international yoga day

celebration was inaugurated by Mr. Mukundan M, yoga practitioner by lighting the lamp with blessings of Lord Almighty.

SEMINAR SESSION

The seminar session was handled by Mr Mukundan M. This session commenced at 3. 15pm. The seminar session was about the importance of yoga in daily life. It threw light on living a healthy life through yoga. He explained the meaning of yoga and seven levels of human beings such as body, breath, mind, memory, intelligence, ego soul. He stressed the importance of mind which controls the other six levels of human being.



Tension free mind and disease free mind can be achieved through the practice of yoga.

PRACTICAL SESSION

The students of P K M College of Education made an active participation in practical session. The resource person taught the important yoga asanas to the students to add in their daily routines. The session started with a few minutes warm up followed by standing pose yoga asanas and sitting pose yoga asanas. The session was then winded by a 12 minutes meditation. The vocal expression for vote of thangs was delived by student representative Ms Riya Mary Thomas.





MEMORIES OF A WONDERFUL DAY

The Physical education department of PKM College of Education, Madampam organized a field trip to Kannur University campus for B.Ed students of 2018-2020 Batch on 12th October 2018. We started our journey around 10.45 am from the college. 44 student teachers were present on that day. Fr. Sinoj, the Head of Physical education department, Jomol miss and non-teaching staff Sheeba chechi accompanied us. All other teachers wished us a wonderful journey.

We celebrated each moment in that journey with songs and claps. We played 'ANDHAKSHARI' which gave more energy to us. The most important thing is everyone actively participated in that game. We reached there at 11.45 am. Then we went to canteen for refreshment. From there we went to indoor stadium. We saw some students there who were practicing some events. Then we interacted with Suresh Kutty sir, the Head of physical education department, Kannur University and that talk was an interesting one. He asked a question which was asked to him by a student few years before. The question was 'why do we need teachers?' He told us to find the answer of this question before we go there next time. That was really a relevant question.

From there we moved to the physical fitness centre. We could see many machines which we had seen only in films. The guest lecturer Eldos sir and his students explained and demonstrated everything for us in detail. Then we went to the stadium and we saw the synthetic track. That was the first time I see a synthetic track. Fr. Sinoj explained different sports items that take place there. We had taken our lunch. Our lunch time was very funny. Usually we share our food with our optional classmates. But on that day all the student teachers, Fr.Sinoj, Jomol miss and Sheeba chechi shared food. After the lunch we took some photos. Then our classmates Sariga, Fr.Reji started their attempt to run around the ground. Sariga successfully completed her attempt. I could see satisfaction on her face.

Then we moved to the swimming pool. The instructor explained about different types of swimming. I had seen such pools only in television at the time of some completion. So that was very informative for me. He showed some swimming accessories that they use at the time of practicing. He explained each and everything he know about swimming in a brief and interesting way. After that we had very interesting session. We all assembled in the indoor stadium. Three people were waiting for us there, Sreejith sir and his two students. He introduced a new work out method 'Zoomba' to us. He said us to line up. At that time we had no idea about the dance. But he demonstrated everything and we practiced it there. Nobody was shy and each one participated in that session very actively and interestingly. We had freedom to do as possible to us. So everyone utilised that opportunity. Jomol miss also joined with us.

We were very tired after that session. We returned to college after that session. But we had good spirit so we could continue to sing songs up to the college. It was really a wonderful trip.



KANNUR UNIVERSITY INTER B.ED ATHLETIC MEET 2018-2019

Kannur university inter bed annual athletic meet 1018-19 was successfully conducted at Managattuparmba campus on 16 February 2019. Many participates from different colleges gathered there and participated in various competition. The inaugural session completed with the march past done by the participants of various bed colleges under Kannur University. Kannur university teacher education Centre, Mananthavady got first prize in marchpast. The programme was inaugurated by Mr. P. J .Joseph .director, department of physical education, Kannur university .23 students from P K M College of education participated in various competition. The competition were started at 10.30 AM after the inaugural session. In this competition Mr. Nidhin Jose won second prize in discuss throw .Kannur university teacher education, Kasaragod won the overall championship in this Kannur university inter B.Ed athletic meet 2018-19.



REPORT OF THE ANNUAL SPORTS MEET 2019

On 7th February 2019, P K M College of education, Madampam conducted Annual sports meet for the academic year 2019-20 at Maryland's high school ground. The events commenced at 8.00 am, starting with marathon for both boys and girls from PKM College of education to Maryland high school ground. Later by 8.45 am short put competition was conducted for both boys and girls simultaneously. Followed by short put competition long jump was conducted for girls first and later to boys. Then throw items like javelin throw and discuss throw were conducted.

By 10.15 am official inauguration function was started with the march past by four houses Nile, Tigris, Okavango and Volga. The four houses were leaded by the leaders with flags and the chief guest of the day Prof Preju Paul received the salute.



March past and receiving the salute.

The programme was officially begun with the prayer song, sung by Neethu Madhussodhanan. The welcome speech was given by Shyna N Raju and the presidential address was given by Nithin Jose, Chairman college union. The solo song was sung by Anjana K C of first year B.Ed student teacher from English optional. Inauguration was done by Prof Preju Paul, Assistant Prof in physical education department, SES College, sreekandapuram. And felicitations were given by Rev Dr Luke puthrukayyil, local manager of our college and Dr Sr Jessy NC, Principal, PKM College of education.



Inaugural function and prize distribution by the guest

Prize distributions for marathon winners were distributed by Sri Manoj K J, the army officer and the basket ball player. Oath taking ceremony was leaded by the general captain Bisna Narikkodan. Finally the official programme came to an end with the vote of thanks by Reji P George.



Oath taking by general captain Bisna narikkodan and vote of thanks by Reji p George.

After the inauguration ceremony rest of the events were conducted as per the schedule. 100 mtr heats for boys and girls, 200mtr heats for boys and girls, 200mtr walking was also conducted. In the middle of the events a friendly competition was conducted for teachers and non teaching staffs. It made the crowd more energetic. Ball passing was conducted for the lady staffs of the college and 100mtr walking too. For gent's staff short put competition was conducted and the medals were distributed. Throughout the day announcements of the results were done by the official committee team members and honouring the winners with medals

and bouquets were done by the teachers, non teaching staffs and the officials. The final event of the sports day was the 4*100mtr relay for both first year and second year students.



Honouring the students with medals.

By around 1.15 pm the events came to an end by declaring the individual champions of the different category and the points scored by different houses .From juniors, Bisna Narikkodan and Shyna N Raju shared the individual champions trophy by scoring 13 points.and from seniors jilu simon got the individual championship with 15 points. From boys Vishakh A scored 21 points and became the champion.

Guidance and assistance for the smooth conducting of the annual sports meet was done by Mr.Siby physical education instructor, GHSS Irikkur and the students from SES College Sreekandapuram.

NATIONAL PLAYERS VISIT AT P. K. M SPORTS ACADEMY

On 26th April 2019 three National Basket ball players Leelama Thomas(Former Indian International Basketball player, Indian Captain), Jiji Thomas(Former University Player), Jessy Thomas(Former University player) visited P. K. M Sports Academy and interacted with the players sharing their experience and providing directions regarding a career in basketball. The presence of well known professional players was itself a motivation for the young emerging players. In addition they gifted Jerseys for the players of the academy which further motivated them.



BASKET BALL SUMMER COACHING CAMP

A one month summer coaching camp was organized by P. K. M sports academy in the month of august 2019. 60 students including boys and girls were given intensive coaching on basket ball skills and physical fitness by a professional coach from morning 6.30am to 9.30am. At the end of the coaching students were awarded with certificates and trophies as a token of acknowledgement and appreciation. College principal Dr Jessy N C distributed the certificates in the closing ceremony.



INTER B ED COLLEGE TABLE TENNIS CHAMPIONSHIP 2018-19

The Kannur University Inter B.Ed College Table Tennis Championship for the year 2018-2019 was conducted at PKM College of Education, Madampam on 21 January 2019 in the College Auditorium. There were participants from different colleges functioning under Kannur University. Competitions took place in full swing in both men and women categories. The registration began at 9:00 am at the College entrance. Seven colleges registered for the tournament. Among them, there were seven teams in the men's category and four teams in the women's category.

The inaugural session began at 12:30 pm in the College Auditorium. The session began with a prayer by Ms. Anjana. K. C. The gathering was welcomed by the General Captain of PKM College of Education. The function was presided over by Dr.(Fr) Luke Poothrukayil, the Bursar and Local Manager of PKM College of Education. It was followed by a musical treat by Ms.

NeethuMadhusoodhanan. Rev. Fr. ShinuKanichukuzhiyil CST, the Principal of Little Flower School, Kottur officially inaugurated the function. Dr. Jessy N C, the Principal of P.K.M College of Education delivered the Principal's Address. The function was felicitated by Dr. Abdul Rahman, the Associate Professor, Keyi Sahib Training College, Taliparamba. The inaugural session came to an end with the vote of thanks proposed by Mr. Nidhin Jose, the College Union Chairman. The meeting dispersed at 1:15 pm for lunch.

The competitions were conducted in two tables. The first match in table one was in the women's category. In table two, the match was in the men's category. From P K M College of Education Madampam, Reji. P. George, Jinu. A. M, and Aksh K took part in the competitions in men's category. Ms.Riya Mary Thomas, Ms. Aparna Francis, and Ms. AmrudhaSiby took part in the competitions in women's category. At the end of the competition, in the men's category, Malabar B.Ed College, Peravoor and Keyi Sahib Training College, Taliparamba won the third position, Government Brennen College of Teacher Education, Thalassery won the second position and Kannur University Teacher Education Centre, Kasargod won the first position. In the women's category, PKM College of Education, Madampam and Malabar B.Ed College, Peravoor won the third position, Government Brennen College of Teacher Education, Thalassery won the second position and Keyi Sahib Training College, Taliparamba won the first position.

The closing ceremony began at 3:00 pm with a prayer by Ms. GibyBabu. The gathering was welcomed by Jinu A.M, the Student Coordinator of the Table Tennis Championship. The function was presided over by Dr. Jessy N.C, the Principal of P.K.M College of Education. The chief guest of the function was Mrs. RojaTomy, the National Basketball Player. She gave the special address and distributed the prizes to the winners. Dr. P.J. Joseph, the Associate Professor of Kannur University Teacher Education Centre, Kasargod felicitated the function. Ms. Jasmine Joseph, the Associate Professor of Government Brennen College of Teacher Education, Thalassery also felicitated the function. The ceremony came to an end with the vote of thanks proposed by Dr.(Fr) Sinoj Joseph, the Organizing Secretary of the Championship.



REPORT ON INAUGURATION OF SPORTS ACADEMY

PKM Sports academy is a special and new project established in July 2018 by PKM College of education, madampam. The vision of this academy is to identify, nurture and promote players using the best possible resonance and platform. This academy mainly concentrates on children from grade four to eight categories. Boys and girls are admitted in the academy and specially appointed coaches train them.

Inauguration of PKM Sports academy organized by PKM College of education madampam, kannur was held at 20th February 2019, Wednesday. The function was blessed with presence of Mar Joseph Pandarasseril and other dignitaries.



Official inauguration of the PKM Sports academy

By 3.00 pm the official inauguration of the sports academy took place. Dr Sr Jessie NC, principal of PKM College of education welcomed all the dignitaries. The presidential address was given Mar Joseph Panadarasseril,

manager PKM college of Education. Dr P T Joseph, Director, Department of physical education, kannur university officially inaugurated the function.

Haritha P of malayalam optional sung the melodious song. Benedictory speech was given by the pro manager Rev Fr Jose Nedungattu. Later Mr Sunny James, Retd PET cherupishpa HS Chandanakampara and NIS basket ball coach shared his experiences with all.



The gathering was blessed with the presence of Rev Fr Jose Nedungattu, promanager, PKM College of education, madampam, Dr Wilson V A, Syndicate member kannur university, Fr bibin kandoth, secretary, Malabar social science society, Mr P Regunath, executive member, kerala basket ball association, Mr Binoy K, Head master, Maryland high school, madampam.

The releasing of the bylaw of PKM College of education was conducted by Dr Wilson V Aby handing it over to the principal Dr Jessy N C.



The main highlight of the programme was the honouring physical education teachers, coaches of various schools and colleges. Mr sunny Joseph was honoured by Mar Joseph Pandarasseril, M P Reghunath was honoured by Rev Fr Jose Nedungattu, Mr Saji Augustine and Mr Biju Augustine was honoured by Dr Wilson V A .Robit Mathew was honoured by DrSr Jessy N C and Roja Tomy was honoured by Fr Bibin kandoth and lastly shelbin shelbu was honoured by Binoy k.



After the honouring ceremony, distribution of the new jersey to the students were given by FrBibin kandoth, Secretary of MASS



Then the prizes of dry bouquet completion results were announced and the prizes were distributed by Mar Joseph Pandarasseril. Lastly the vote of thanks was given by Dr SinojJoseph.



All the teachers, staff, student teachers cooperated well together for the success of the function. Comparing of the gathering was done by Jinu A M and Merita Stephen.

**REPORT ON
KANNUR UNIVERSITY INTER-COLLEGIATE TABLE TENNIS
TOURNAMENT 2019-2020**

**HELD AT M. M. KNOWLEDGE COLLEGE,
KARAKKUNDU ON
6TH AND 7TH DECEMBER 2019**

PKM TABLE TENNIS TEAM MEMBERS:

- (1) Amrudha Siby (2nd year, English)
- (2) Anitha P (1st year, Natural Science)
- (3) Sayona Jose (1st year, Malayalam)
- (4) Siyona Jacob (1st year, English)

REPORT ON KANNUR UNIVERSITY INTER COLLEGIATE TABLE TENNIS TOURNAMENT 2019

Along with studies, it's always important to have a bit of sports and competitions in college life.

Kannur University Inter Collegiate Table Tennis tournament for the year 2019-2020 was held at M.M. Knowledge College, Karakkundu on 6th and 7th December 2019. A total of twenty four teams in which sixteen boys' team and eight girls' team intertwined within four tables gave testimony that hard work pay off.

The tournament began with the inaugural function at 10:00 AM and was inaugurated by Dr. Anil, Physical Education Department head, Kannur University. The tournament was a much anticipated championship as it was organized with a view to develop a more mentally alert youth as Table Tennis offers great mind-body stimulation.

We, the PKM team members

(1)Amrudha Siby (2nd year, English)

(2)Anitha P (1st year, Natural Science)

(3)Sayona Jose (1st year, Malayalam)

(4)Siyona Jacob (1st year, English) were accompanied by Dr.Sinoj Joseph, assistant professor in physical Education, PKM College of Education Madampam.



The first match was for the girl's team and PKM College met the first game with Keyi Sahib Training College, Thaliparamba. The match was in best of three and we defeated Keyi Sahib College by gaining the first three games itself and entered to the Semi- Finals. In Semifinals, Mary Matha Arts and Science College, Mananthavady, defeated us in which only Amrudha Siby won the game. Next, In the afternoon session we defeated Government Brennan College, Thalassery in the losers final and PKM team bagged the third position in the Kannur University Inter Collegiate Table Tennis Tournament 2019.

Both Anitha P and Sayona Jose played for the Kannur university team selection, but unfortunately both of them were not selected.





Around 6:45 PM, the concluding ceremony began. Mary Matha Arts and Science College, Mananthavady, came up as the champions in girls and boys match.

S.N.College, Kannur and PKM College of Education, Madampam came up with 2nd and 3rd positions in the girls match. The tournament ended with the prize distribution by various eminent personalities.

Report on Trucking

Puthukkadu Estate, Chemberry

Submitted on,

03/12/2018

P.K.M. COLLEGE OF EDUCATION MADAMPAM

2017-2019 Batch

Physical Education

Trucking – Group 2 (Roll number 25-49)

Group members

1. Farhana khader
2. C.P. Roopama
3. Mridula Ramesh C.
4. Vishakh A.
5. Anju Maria Mulloor
6. Anusree V. P.
7. Jilu Simon
8. Laya Luka
9. Liya Joy
10. Minumol Thomas
11. Ponnisha Thomas
12. Priya Joy
13. Ribina V.
14. Sangeetha C.P.
15. Akhila Lakshmanan
16. Jinu A.M.
17. Mini Scaria
18. Rajasree Thazhathuveetil
19. Riya Mary Thomas
20. Roshna Suresh
21. Saritha C. Narayanan
22. Souparnika K.B.
23. Thrishna V. K.
24. Rafeena

INTRODUCTION

On 29th November 2018 as part of department of physical education, P.K.M College of education Madampam, a trucking to the Puthukkad Estate, Chemperi of Kannur diocese was organized.

The head of physical education dept; Fr.Sinoj guided the student teachers of 2017-19 batch and 2018-20 batch. This was the first experience of most of the students. That short time in between 10 am and 1pm gave us lots of experience to know the nature, feel the nature and every one enjoy the trip very well. For the easiness of the trucking we were divided into four groups. The estate spread over several acres is a personal pride of those who live in the Malabar. The experience, the feel, the bond everything was nice, heart touching and memorable.

Report on Trucking

We reached the college general hall at 9.20 a.m. From the 2018-2020 Batch Fr Reji was selected as the leader, and from the 2017-19 Batch Fr.Jinu was the leader. We started our journey at 9.30 am from our college. We reached the Puthukkadu Estate at 10.05 am. We just took our refreshing time for our trucking. The head of physical education department Fr.Sinoj guided the students. The all students are divided into 4 groups for the easiness of the trucking. We then started put forward our feet on the pathway to the adventurous journey at 10.30 am.



The pathway was so steep, that when we gained up it seemed like roll and fall but still we gripped our feet with strength and moved further. We took rest in some places as we were tired. The leaves of the trees were waving that gave us cool breeze. This made us enjoy the journey that was adventurous. We reached the top of place by 11.40. After reaching; we quenched our thirst by drinking orange flavored juice and biscuits. A field trip is not only about education, it is all around development of scholastic and co- scholastic activities through the field trip we learnt about sharing is caring we did shared not only the contributed biscuits and drinks but also the food items we brought from our home. We were much relieved in mind and body. We felt sound body and sound mind within ourselves. We took time we did sit in different places to admire the beauty of God's creativity.



Then it was time for us to shake a leg to the music played. We then corned in groups and discussed few steps to create moves according to music. Everyone did participate the Music and gave powepacked performance. The dance and howling sound were so energetic. Then Father Sinoj announced the winner by himself. Then we made our way back down the steep patway. We then ate our lunch with happy mind and happy smile. We sat in small groups here and there scattered with lots of happiness filled in aura. We then started from the estate by 1:30 and reached college by 2:00 pm.

KANNUR UNIVERSITY INTER B.ED COLLEGE VOLLEYBALL CHAMPIONSHIP 2018-19

Kannur University first inter B.Ed volleyball championship for the year 2018-19 organized by KUTEC, Mananthavady was conducted on 9th March 2019 at Mary Matha Arts and Science College, Mananthavady. There were many teams from different colleges functioning under Kannur University.

Registration began by 9: 00 am at the entrance of the indoor stadium. Eight teams from various colleges registered in men's category and five teams in women's category. The Inaugural function began by 9:30 am in the Indoor Stadium. The gathering began with the welcome speech by Ms. Jissa Francis, Asst. Prof. in Physical Education, KUTEC Mananthavady. Presidential address was given by Mr. Sajith, Course Director, KUTEC, Mananthavady. The championship was Inaugurated by Mr.K. Rafeeq, State Sports Council Member. Felicitation was done by Mr. P.R.Vellan, Member, Edavakka Grama Panchayath and Dr. Fr. Sinoj Joseph, Asst. Prof. in Physical Education, PKM College, Madampam. The Inaugural session came to an end with the vote of thanks by M.B.Sarathkumar, General Captain, KUTEC, Mananthavady. The beautiful aerobics dance performance by the students of KUTEC Mananthavady was the highlight of the day. The matches of men's session started soon after the aerobics.

All the matches of both men and women was conducted in the same court. The first game was between PKM College of Education, Madampam and Malabar B.Ed. Training College, Peravoor. PKM College of Education won the match for a score of 2-1.





After that, Women's game was started. PKM College of Education played with SOM College, Mamba and won the game for 2-0 and entered to the semi-finals. The semi-finals between Government Brennen College of Teacher Education, Thalassery and Malabar B.Ed College, Peravoor was conducted and Government Brennen College of Teacher Education, Thalassery qualified for the finals. PKM College played the semi-finals with KUTEC, Mananthavady and won the game for 2-0. The next game was the crucial finals of women's volleyball championship between Government Brennen College of Teacher Education, Thalassery and PKM College of Education, Madampam. PKM College of Education came up with glorifying colours in the finals of the match. The dazzling stars of PKM team defeated GBCTE, Thalassery for 2-0.

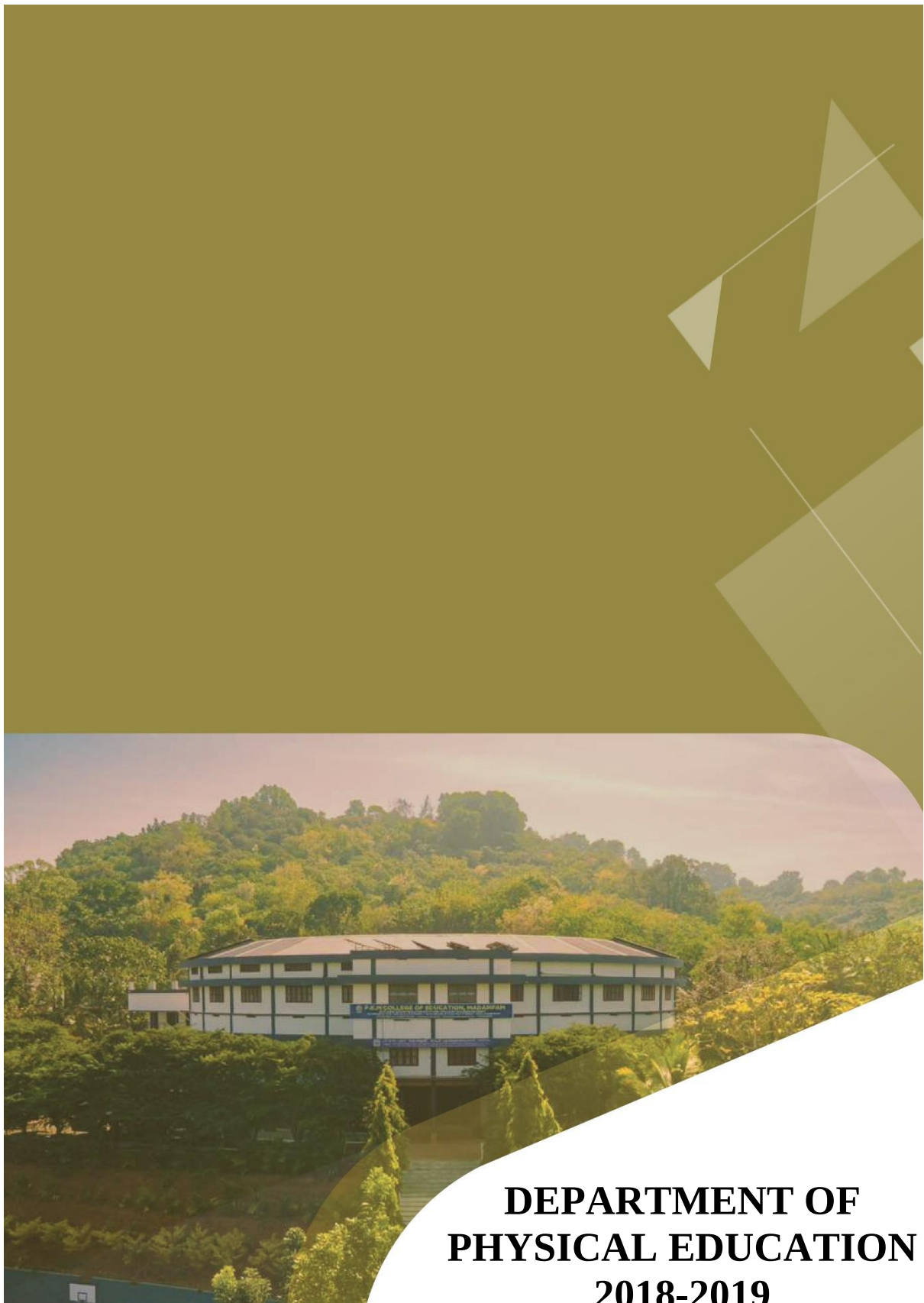


Next semi-finals for men was between PKM College of education and KUTEC, Mananthavady. The game was tight which extended to a score of 30-28. The next match was the most interesting finals of men's volleyball championship. The match was very tight and GBCTE, Thalassery won the match. PKM College came up as the runners up.

Thus, PKM College of Education, Madampam came up with the women's volleyball championship and men's runner up trophy. Nithin Jose and Saritha Narayanan of PKM College of Education, Madampam came up as the best players in the game. The closing ceremony began by 7:30 pm. Prize distribution was done by Dr.V. Savio James, Principal, Mary Matha Arts and Science College, Mananthavady. KUTEC, Mananthavady won the third place in both men's and women's session. GBCTE, Thalassery secured second position and PKM College of Education, Madampam came up with the prestigious championship in women's volleyball championship. PKM College of Education, Madampam secured second position and GBCTE, Thalassery secured the first position in men's championship. Dr. Fr. Sinoj Joseph, Asst. Prof. in Physical Education, PKM College of Education, Madampam and Mrs. Jasmine, Asst. Prof. in Physical Education, GBCTE, Thalassery delivered the felicitations for the closing ceremony. Vote of thanks was delivered by Mr. Deepu Antony. The closing ceremony was ended with the National Anthem.







**DEPARTMENT OF
PHYSICAL EDUCATION
2018-2019**